



100 Cornerstone Drive  
Cary, NC 27519

Phone (919) 460-1921    ■    Fax (919) 460-1929    ■    www.carefirstpt.com

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Patient Phone#: \_\_\_\_\_ INS: \_\_\_\_\_

ID#: \_\_\_\_\_ Group#: \_\_\_\_\_

We have sent your info to Care First they will contact you.                       Please call Care First to schedule appointment (919) 460-1921

Diagnosis: \_\_\_\_\_ ICD-9: \_\_\_\_\_

Frequency & Duration: \_\_\_\_\_

**PT/OT/Speech/Lymphedema (circle all needed)**

- EVALUATE & TREAT**                       TENS                       ROM                       Exercise
- SPORTS INJURIES**                       Paraffin                       Gait Training                       Splinting
- LOCAL HOME CARE**                       Ultrasound                       NMFES                       ADL's
- HAND THERAPY**                       lanto/phonophoresis                       Mechanical Traction
- LYMPHEDEMA**                       Hot/Cold Packs                       Language & Comprehension
- THERAPEUTIC MASSAGE**
- Developmental Activities                       Other PT/OT/Speech/Lymphedema: \_\_\_\_\_

Post Surgical Restrictions: \_\_\_\_\_

\_\_\_\_\_  
Physician Signature (*Certifies Medical Necessity*) MD

\_\_\_\_\_  
Print Physician Name                      Date: \_\_\_\_\_

Please visit our website. Feel free to complete forms online and bring to your first visit.



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*Thank you*

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